

Family Fun Open Swim



Who: Open to families in the community

What: An opportunity for the family to practice and have fun

When: During recreational swimming hours on Saturdays/Sundays

Dates: January 15, 22, 29, Sundays
February 11, 18, Saturdays

Times: 3-4:30 Sunday; 1-3:30 Saturday

Where: Pitt-Johnstown Zamias Aquatic Center

Starts: January 15, 2012

Cost: **\$25 per family**, Families must fill out an application and release form. One program pass will be issued to each family which must be shown for admittance to the pool.



All aquatic center rules and regulations must be followed. No family member under the age of 18 is allowed to swim without a parent or guardian present in the pool area. Non-swimmers and beginners must be supervised by a parent/guardian who is in a bathing suit within arm's reach of their child. Only approved flotation devices can be used. Swimmers do not have access to the gym, weight room or track. Call 269-2006 for more information.

The Swimmer's Ear

University of Pittsburgh at Johnstown/Zamias Aquatic Center

Winter 2012

Application: Family Fun Swim Please complete this form and return your completed application, along with your check for each applicant on the night of registration. **(Make checks payable to Pitt Johnstown)** Call Jamie Hedrick at 269-2006 for additional information.

<u>Names</u>	Age of Child					
1.						
2.						
3.						
4.						

Parent/Guardian/Adult Student _____ Home Phone: _____

Address: _____ Cell Phone: _____

City: _____ State: _____ Zip: _____

Please remember that the UPJ gym and weight room are for use by UPJ students, faculty and staff only. All aquatic center rules and regulations must be followed.

The Center for Disease Control recommends to protect yourself and your family against recreational water illnesses include the three "PLEAS" for all swimmers to stop germs from causing illness at the pool.

1. Please do not swim if you have diarrhea. This is especially important for kids in diapers. You can spread germs in the water and make other people sick.
2. Please do not swallow the pool water. In fact avoid getting water in your mouth.
3. Please practice good hygiene. **Take a shower before swimming** and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.

Please complete the Application and Release. These forms must be completed and on file before the students can participate.

DATE REC'D	
AMT. REC'D	
CASH/CHECK	

Does anyone from your family who is participating in the aquatic programs at UPJ have a serious or potentially serious medical condition? _____ (Yes) _____ (No) **Please specify below:**

In case of emergency, please notify:

Name: _____ Phone: _____

Name: _____ Phone: _____

**University of Pittsburgh at Johnstown
Zamias Aquatic Center**

RELEASE

This is a legally-binding release made by _____ to The University of Pittsburgh at Johnstown. (print full name)

I/We agree to obey all staff members assigned to direct this program and to follow all rules and safety procedures established by the American Red Cross and The University of Pittsburgh at Johnstown. I/We certify, that to the best of my/our knowledge, my and my child's current physical condition is satisfactory for participation in the aquatic classes. I and my family are free of any health problems which would endanger my/our participation and that I will inform the instructor should health conditions change at any time during participation in this program.

I/We fully recognize that there are dangers and risks to which I/we or my children may be exposed by participating in the classes sponsored by The University of Pittsburgh at Johnstown during the 2012 session of classes. Examples of these dangers and risks are drowning, spinal injury, fractures, and head injuries. I/We understand that the University does not require me/us to participate in this activity, but I/we want to do so, despite the possible dangers and risks and despite this Release.

I/We therefore agree to assume and take on myself/ourselves all of the risks and responsibilities in any way associated with this activity. In consideration of and return for the services, facilities and other things provided to me by the University in this activity, I/we HEREBY RELEASE THE UNIVERSITY (and its trustees, employees and agents) FROM ANY AND ALL LIABILITY, CLAIMS AND ACTIONS THAT MAY ARISE FROM INJURY OR HARM TO ME AND MY FAMILY, FROM DEATH OR FROM DAMAGE TO MY/OUR PROPERTY, IN CONNECTION WITH THIS ACTIVITY. I/WE UNDERSTAND THAT THIS RELEASE COVERS LIABILITY, CLAIMS AND ACTIONS CAUSED ENTIRELY OR IN PART BY ANY ACTS OR FAILURES TO ACT OF THE UNIVERSITY (or its trustees, employees or agents), INCLUDING BUT NOT LIMITED TO NEGLIGENCE, MISTAKE OR FAILURE TO SUPERVISE BY THE UNIVERSITY.

I/We recognize that this Release means I/We are giving up, among other things, rights to sue the University for injuries, damages or losses I/we may incur. I/We also understand that this Release binds my heirs, executors, administrators and assigns, as well as myself/ourselves.

I/We have read this entire release, I/We fully understand it and agree to be legally bound by it.

READ CAREFULLY BEFORE SIGNING.

Releaser's Signature

Date

* Please remember, "if you have or have had diarrhea in the past two weeks, please do not use the pool".